



SPORTING INFLUENCE

Improving Social Skills Through Sport

PE With Mr Sherwood

Another term has flown by and the children at Brafferton have had great fun with Mr Sherwood in their PE lessons.

The children in **Class 2** and **Class 3** have been developing their Football and Handball skills.

In Handball the children have been learning the basic rules of the game alongside skills such as throwing, catching, blocking and shooting. They really enjoyed playing this game for the first time and showed great enthusiasm with their lessons. I have been most impressed with how they have tried to use the skills within small-sided games.

In Football the children have looked at passing and receiving, teamwork and played lots of small-sided games. We worked on our close control and dribbling skills and also practiced goal keeping which was great fun. A highlight of the term has been how well the children have worked together in their teams, really encouraging one another.

Alongside this we have been developing our social skills of body language, communication, determination, encouragement, and respect. The children have demonstrated these skills when working with each other within a range of games and activities.

The After School Club has been mainly inside this half term, where we really enjoyed playing Dodgeball. There was some great throwing, dodging and teamwork on show! Well done!



Both Class 2 and Class 3 have enjoyed playing Handball.



The children have worked on their passing and receiving and close control in Football.



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