



Sex and Relationships Education Policy July 2019

St Peter's is a warm, caring and inclusive school where everyone feels valued and can grow in confidence and faith. In this supportive community, children are encouraged to develop enquiring minds, a lifelong love of learning and a respect for other people and cultures. We are led by our core Christian Values of Community, Compassion, Truth, Trust, Friendship and Endurance in everything we do, learn and say.

Be sympathetic, love one another, be compassionate and humble. 1 Peter 3:8

The curriculum at St Peter's Brafferton prioritises spiritual, moral, cultural, social, intellectual and physical development and the Governing Body of the school are committed to educating our children as citizens for today and beyond. We recognise that as a school we have a legal responsibility under The Relationships Education, Relationship & Sex Education and Health Education (England) Regulations 2019, made under sections 34 & 35 of the Children & Social Work Act 2017, to provide comprehensive Relationship Education and Health Education for all pupils receiving primary education.

We consider that sex and relationships education is of crucial importance in preparing children for their lives now and in the future as adults and parents and have therefore decided to include the teaching of sex education in the curriculum of the school alongside statutory relationships and health education.

We aim to give children a solid base of factual information which will help them make informed choices and develop a sensitive, responsible attitude to themselves and their relationships with others

This policy covers our school's approach to Relationship and Sex education, not only in lessons but through the attitude of our staff and students alike, our ethos and approach and commitment to equality both within and outside of the classroom. We acknowledge that all young people deserve the right to honest, open and factual information to help better form their own beliefs and values, free from bias, judgement or subjective personal beliefs of those who teach them.

We acknowledge that in order for children to embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships. We understand that high quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils to develop resilience, to know how and when to ask for help.

We recognise that we have a responsibility under the Equality Act 2010 to ensure the best for all pupils irrespective of disability, educational needs, race, nationality, ethnic or national origin, sex, gender identity, pregnancy, maternity, religion, sexual orientation or whether they are looked after children. As a result Relationships and Sex Education (SRE) needs to be sensitive to the different needs of individual pupils and may need to adapt and change as the pupils of the school change. Not only does the teaching need to be sensitive of these needs, but also to help the pupils realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours or prejudice-based language.

Curriculum Content

At St Peter's Brafferton CE (VA) Primary School, we meet the learning objectives as set out in the Relationships Education, Relationship & Sex Education and Health Education (England) Regulations (2019) for primary schools with a whole school themed spiral curriculum approach. Whole school themes will be followed each half term in which age-specific learning objectives will be taught. Teaching and learning is planned and taught based on the North Yorkshire Local Education Authority curriculum entitlement framework guidance for Personal Social Health Education (PSHE) and Citizenship (2019) and also includes bespoke elements based on the needs of our school community, for example teaching the Equalities Act (2010) through the "No Outsiders" programme. Our SRE programme will also link closely with our teaching of Spiritual, Moral, Social and Cultural education using "Heartsmart" and other resources as appropriate. Our curriculum, teaching and learning approaches will be led by our Christian Vision and values throughout, and will also include links made through Collective Worship and learning in Religious Education.

Half termly themes taught across the school will be: Being me in my world, Me and my Relationships, My Healthy Lifestyle – physical and mental health, Becoming an Active Citizen, Keeping Myself Safe, Me and my Future. These will enable us to cover all requirements of the SRE curriculum entitlement as set out in the DfE Relationships, Health and Sex Education Guidance (June 2019.) Through Relationships Education (and RSE), we will teach pupils the knowledge they need to recognise and to report abuse, including emotional, physical and sexual abuse and will focus on boundaries and privacy, ensuring pupils understand that they have rights over their own bodies. This will also include understanding boundaries in friendships with peers and also in families and with others, in all contexts, including online. Pupils will be taught how to report concerns and seek advice when they suspect or know that something is wrong.

Relationships Education will teach children about:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Health Education will teach children about:

- Mental wellbeing
- Internet safety and harms

- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body (puberty)

In our school, we have chosen to teach Sex Education as part of our wider programme of health education which is built on through our spiral thematic curriculum as the child moves through the school. Generally, work about the human body, including reproduction, is covered in the Science curriculum. Children will also ask questions from time to time which involve sex education. Staff will deal with these in an open way and give answers appropriate to the age of the child.

At Key Stage 1 (5 - 7 year olds) the children cover the following work in the Science Curriculum.

This lays the foundation for work to be continued at Key Stage 2 (7 - 11 year olds)

Science requirements at Key Stage One

1. Learn that humans develop at a different rate and that babies have special needs.
2. identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
3. Notice that animals, including humans, have offspring which grow into adults.

Science requirements at Key Stage Two.

1. Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
2. Describe the life process of reproduction in some plants and animals.
3. Describe the changes as humans develop to old age, including some knowledge of how children grow and develop and be aware of the needs of a child and the needs of older people
4. Develop some understanding of physical changes which take place at puberty. This will take place in Y6. Menstruation will be dealt with twice, in a single sex groups.

Sex Education for Year 6 pupils (sessions led by the class teacher/s)

A designated session, led by the class teacher/s, led by the Christian vision and values of the school, aims to give children a solid base of up-to-date factual information which will help them to make informed choices and develop a sensitive, responsible attitude to themselves and their relationship with others.

Questions asked by children during this programme will be dealt with in an open manner and answers given will be appropriate to the age of the children.

An introductory session covers basic male/female anatomy, bodily changes and an explanation of how a baby is made and its development through to birth. There are then separate sessions for girls/boys, looking at these aspects in more detail which will allow children to acquire the basic biology of human reproduction - conception, childbirth and growth and become aware of some of the skills involved in parenting..

Parents have a statutory right to withdraw a child from the sex education curriculum. Parents will be informed in good time when these sessions are to take place. Any parent wishing to withdraw their child from any programme should put their request in writing to the Head teacher or Chair of Governors.

This policy was produced with guidance from North Yorkshire Education Authority and through consultation with our staff, board of governors, and most importantly in consultation with our pupils and parents.

It will be reviewed on a regular basis every 3 years to ensure that it reflects the attitudes and belief of the school population and remains up to date with both current guidance from Government and the DfES but also remains relevant to the experiences of our pupils.

To ensure its use, this policy will be available for staff to refer to as a paper copy available in school and on the school intra-net, and to parents through the school website. Parents may request a paper copy or a copy translated into a language other than English if required.

Date of Last review: July 2019; Next review July 2022

Headteacher signed: _____

Date: _____

Chair of Governors signed: _____

Date: _____