

Small school, big heart

Physical Education: Statement of Intent, Implementation & Impact

Intent

At St. Peter's Brafferton CE VA Primary School we recognise the value of Physical Education (PE). Our PE curriculum is designed to fully adhere to the aims of the National Curriculum for PE to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Underpinning these aims the following values are taught: encouragement, determination, respect, communication, body language. These values and aims help our children develop a love of PE focussing on enjoyment and participation, developing life skills, positive growth mindset, social skills, teamwork and an understanding of healthy lifestyles, fairness and equity of play.

Implementation

Pupils at St Peter's Brafferton participate in weekly high-quality PE and sporting activities. Our PE Programme incorporates a variety of sports, including swimming, to ensure that all children are taught a wide range of skills underpinned by the National Curriculum aims and our values. Children develop their knowledge of games, dance, gymnastics, athletics and outdoor & adventurous activity as they progress through school. The key knowledge and skills are identified for each PE unit taught. This ensures that skills are developed systematically, building upon previous learning and preparing for subsequent years. Knowledge and skills are informed to enable achievement of end of key stage end points, as informed by the 2014 National Curriculum.

We teach lessons so that children:

- develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others
- engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations
- apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement
- enjoy communicating, collaborating and competing with each other
- develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success

Each new session begins with a recap of the previous related knowledge. This helps children to retrieve what they have learnt in the earlier sessions and ensures that new knowledge is taught in the context of previous learning. The Learning objective and key vocabulary are introduced so that children are able to understand the

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purpose of the session and new vocabulary when it is used in teaching and learning activities and apply it themselves within the context of physical activity.

At the end of sessions and the end of the unit, children take part in a review of what they have learnt relating to the LO, vocabulary and skills taught. The teacher or sports coach is then able consolidate any of the key knowledge which is identified at this part of the process as not yet being secure.

Our PE curriculum is enhanced by our extra-curricular activities and sporting events to develop our love of PE and physical activity. Experienced coaches visit school to provide our children with positive experiences in area such as: dance, yoga, forest schools, Skip 2B Fit, Box 2B Fit, VX taster sessions, climbing wall and archery. We also hold an annual competitive sports day where we showcase our skills to parents. Daily opportunities for physical activity include playground games at break and lunchtimes, organised by our fully trained Play Leaders, the daily mile, Just Dance and Skip 2B Fit.

Impact

Children at St Peter's complete each key stage with a high proficiency in each aspect of PE. Children are aware of the link between physical activity and good mental health and understand it's significance as part of a healthy lifestyle. The school achieves well in several sporting activities and has achieved a Healthy School Award (Bronze and Silver) in recognition of its PE provision, access to competitive sports, participation in local sporting events, healthy lifestyle work, including the promotion of mental health & well-being. Gymnastics and dance performances showcase the achievement that children make in this area.